

Spiritual Eloquence & Spiritual Echoes

GUIDELINES

Inviting Applications at Different Levels

a. City Level

- **Submission:**
 - Participants must upload their Video on www.dhyankaksh.org/value-your-virtues by 25th July 2025.
 - Participants in the specified categories must upload their video between 2-3 minutes in length.
 - Do not close the window before complete submission of the form.
 - Upon submitting the form, you will receive an instant acknowledgement confirming successful submission.
 - Video should be in .mp4 format.
 - Each student must make the video standing up, with at least their upper half body visible on the screen.
 - School/Participant must provide complete and correct information while submitting the video.
 - Details entered in the Video submission form will be used for certificate creation. No changes in the same will be entertained later on.
 - Ensure that the application form is duly filled out and submitted by the specified deadline.
 - There is no explicit registration process. Video submission will be considered as the registration only.
 - It is the responsibility of the school coordinator to upload the student videos. (for School Module)
- **Advancement:** Between 0-7 top performing entries per city per category, that meet the evaluation criteria will be shortlisted to compete at the state level.

b. State Level

- **Presentation:** Selected participants will present their speech/poetry on a virtual platform. The virtual contest will be held from 16th August 2025 to 25th August 2025.

Participants are advised to check the website during the contest period for the joining link.

- **Time Limit:** Between 4-5 minutes per speech/poem.
- **Advancement:** Upto 3 top performers per state per category will be chosen to advance to the National Level.

c. National Level

- **Final Performance:** Qualified participants from the State-Level will perform on the grand stage of the Auditorium, Satyug Darshan Vasundhara (Regd.), Faridabad, Haryana.
- **Date:** 6th September 2025
- **Time Limit:** 4-5 minutes per performance.

Content Guidelines

- **Content Sources:** Participants must select content exclusively from the prescribed PDF or provided booklets.
 - PDF can be retrieved from the website www.dhyankaksh.org/value-your-virtues
 - Each PDF includes a scanner link for video reference related to the topic.
- **Consistency:** The topic and its structure must remain consistent throughout all levels of the contest.
 - Participants are not permitted to change their topic once the contest has started.
- **Content:**
 - Participants may include **verses, couplets, and real-life instances** in their respective speech or poetry.
 - **Songs** of any kind are prohibited.
 - **Poem cannot be a part of the speech.**
 - Poem must not break its rhythmic order.

Category - Wise Topic Distribution

Category 1: Ankur (Class 5th to 8th):-

1. संतोष / Contentment-Definition

2. धैर्य / Endurance-Definition

3. सत्य / Truth-Truthfulness-Definition

4. सत्यभाषी बनने की महत्ता / Importance of being a truthful speaker

5. धर्म का विषय एवं उद्देश्य / Dharma (Righteousness) - Definition

6. निष्कामता / Selflessness - Definition

7. अभ्यास / Practice - explains that regular practice keeps an individual active in body and mind, protecting their personality from all weaknesses.

Category 2: Pushp (Class 9th to 12th):-

1. संतोष विकसित करने का साधन / Means to develop Contentment
2. धैर्य का व्यावहारिक रूप / The Practical form of Endurance
3. सत्य विकसित करने के साधन / Means of developing Truth
4. सत्-संगति की महत्ता / The importance of Association with Truth
5. निष्काम रास्ते की बाधा एवं उससे उबरने की युक्ति / Obstacles on the path of Selflessness and ways to overcome them
6. अभ्यास / Practice - explains that regular practice keeps an individual active in body and mind, protecting their personality from all weaknesses.
7. अभ्यास सफलता का मूल / Practice is the key to success

Category 3: Taruvar (Open to all College Students)

1. सत्यभाषी बनने की महत्ता / Importance of being a truthful speaker
2. निष्काम रास्ते की बाधा एवं उससे उबरने की युक्ति / Obstacles on the path of Selflessness and ways to overcome them
3. सत्-संगति की महत्ता / The importance of Association with Truth
4. धीर व्यक्ति की पहचान व धैर्य धारणा से लाभ / The identity of an Enduring person and the benefits of adopting Endurance
5. परोपकार / Benevolence
6. मौन और वाणी / Silence and Speech

Category 4: Drakhat (Age 18 years and above):-

1. धीर व्यक्ति की पहचान व धैर्य धारणा से लाभ / The identity of an Enduring person and the benefits of adopting Endurance
2. सत्-संगति की महत्ता / The importance of Association with Truth
3. धर्म के निमित्त समर्पण / Surrender for the pursuit of Dharma i.e. Righteousness
4. परोपकार / Benevolence
5. वैराग्य / Detachment
6. मौन/The significance of silence
7. मौन और वाणी /Silence and Speech
8. मौन का जीवन महत्व / The importance of Silence in life

Evaluation Criteria

a. Content:

- **Greeting & Introduction:** Begin with a greeting and introduce the subject.
- **Exposition:** Clearly present the main theme with conciseness and originality. Include personal references and quotations where relevant. Delivery of the content should be assertive yet modest. Any kind of obscenity will lead to disqualification.
- **Conclusion:** Summarize and conclude effectively.

b. Speaking Presentation:

- **Memorization:** Evaluation based on natural pauses and memorization.
- **Verbal Clarity:** Ensure clear enunciation, correct pronunciation, appropriate voice strength, and effective projection.
- **Presentation Style:** Assess mannerisms, audience engagement, and voice modulation. Maintain a dynamic speaking style that keeps the audience captivated.

c. Dress Code & Mannerisms:

- **Dress Code:** Participants under Non-School Category are required to dress up in neat & well-ironed formal attire. School students are required to wear their neat & clean school uniform.
- **Personal Hygiene:** Maintain good personal hygiene, including a neat haircut or hairstyle and appropriate grooming.

- **Mannerisms:** Display good manners and proper etiquette throughout the contest. Proper decorum should be maintained by the participants. Inappropriate behaviour with management, judges, or organizers will result in immediate disqualification.

Miscellaneous Guidelines:

1. There is no registration fee at any level.
2. Participants must ensure proper internet connectivity while appearing in the contest at State Level.
3. Participants in open category should carry their identity proof (Aadhar card, driving license, election card, etc.). Specifically, school students are required to produce their school i-card on the final judgement day.
4. All participants are expected to maintain decorum at the event venue.
5. Tampering with the provided content is strictly prohibited.
6. Speech must not show biasedness towards any caste, creed, religion, gender, or community.
7. The organization reserves the right to take appropriate action for any unethical, unprofessional, or immoral conduct.
8. In any situation not covered by these rules, the organization's decision will be final.
9. All contest-related information will be uploaded on the website www.dhyankaksh.org
10. Kindly mail the completed competition entry form, duly signed and stamped by your school, to info@dhyankaksh.org
11. For any questions or further information, please do not hesitate to reach out via email at (info@dhyankaksh.org) or call us directly at our helpline numbers. 8595070695 , 8383089072